

IMPORTANT DATES

Monday June 6th 4:00pm Pre-Season Practices Begin

Swim practice is as follows: Monday and Wednesday will be for kids 10 years and under,

Tuesday and Wednesday will be for kids 12 years and over.

Dive practice will be Monday and Wednesdays, and Waterpolo is Tuesdays and Thursdays.

Wednesday June 8th 4:00pm-6:00pm Suit Day and Parents Meeting

Monday June 27th 9:00am Newfield Summer 2011 season begins

Swim team practice is Monday – Friday kids 10 years and under 9am – 10am, kids 11 years and over 10:00am – 11:30am

Competitive Swim Team Our competitive swim team is now in division 1 of the Fairfield County Swim League. Swim team is open to any child between the ages of 7 and 17 who can swim at least one length of the pool in three different strokes. Even if the stroke technique is not perfect, it is important to have a base skill level of three strokes.

Dive practice is Monday – Friday pre team is 9:30 am – 10:30am and all others will be based on skill and age grouping some time 10:30 -2pm for 1 hour during this time.

The dive team is in division 1 of the Fairfield County Swim League. Diving is an integral part of the FCSSL swimming competition and is usually the first part of any dual meet. Points awarded to divers are tallied and carried forward to the swimming part of the meet. However, diving counts as only one event for a meet, and, as children are allowed to compete in three events per meet, they may compete in both swimming and diving.

Waterpolo is Monday – Friday for the midgets which is children 10 years and under 2:00pm – 3:00pm and 11 years and older 3:00pm 4:30pm

The water polo program is open to everyone – even if you are not on the swim team. Water polo is played at three levels. The Midget team is for children who are 10 years of age and younger. This group will focus on an introduction to the game and basic skill development. The Junior team is for children from 11 to 13 years of age. The Senior team is for those who are 14 to 17 years of age. The Junior and Senior groups practice together in order to focus on game strategies, advanced drills and scrimmages. There will still be an emphasis on basic skills development.

Seal Pups Seal Pup swimming lessons are provided to teach the fundamentals of water safety and swimming skills to beginning swimmers. The average age of participants is 3 to 6 years of age. The class size is limited to six children per instructor and there are two instructors for each session time. Once again, 2 two-week sessions will be offered. There will be eight 30-minute classes per Session. Both Sessions will be offered in two groups. Group One practices from 1:00 to 1:30. Group Two practices from 1:30 to 2:00.

Session 1 will be June 27, 28, 29, and July 1st, July 11th, 12th, 14th, and 15th.

Session 2 will be July 25th, 26th, 27th, and 28th, August 1st, 2nd, 3rd, and 4th.

Swim meet schedule:

Thursday, June 30th Newfield at Middlesex Club 9am dive 11am swim

Tuesday, July 5th Roxbury Club at Newfield 9am dive 11am swim

Thursday, July 7th Long Ridge Club at Newfield 9am dive and 11am swim

Wednesday, July 13 Innes Arden Club at Newfield 8:30am dive and 11am swim

Tuesday, July 19th Newfield at Riverside Club 2:30pm dive and 5pm swim

Thursday, July 21st Newfield at Rocky Point 10am dive and 12pm swim

Waterpolo Schedule:

Thursday, July 7th Newfield at Middlesex Club 5pm Midgets, 6pm Juniors, 7pm Seniors

Thursday July 14th Newfield at Greenwich Country Club 5pm Midgets, 6pm Juniors, 7pm Seniors

Monday July 18th New Canaan Field Club at Newfield 5pm Midgets, 6pm Juniors, 7pm Seniors

Wednesday July 20th Newfield club at Lake Club 5pm Midgets, 6pm Juniors, 7pm Seniors

Monday July 25th Stamford Yatch Club at Newfield 5pm Midgets, 6pm Juniors, 7pm Seniors